My crawling son somehow got the remote control off the couch by pulling a pillow toward him. I knew my world would never be the same. Outsmarted by a 9-month-old! Change can come quickly, and sometimes we just need to roll with it.

Although we cannot anticipate everything, we can and must quickly adapt to the new opportunities and challenges that present themselves. We need to build relationships, grow, learn, develop, adapt, share, take some small steps, fall, take some big leaps, embrace the little things, and remember to have fun.

When I look into my son’s eyes, I dream of a world of opportunities for him. Today, I also see opportunities for our profession that are within our grasp. We can make a difference, one Society, one provincial Branch, one pharmacy department, and one pharmacist at a time. I can only imagine where we will be in another 10 years.

It has been an absolute pleasure serving as a CSHP presidential officer for the past 3 years. I will forever cherish the memories and the new friendships that I’ve gained through this position, just as I treasure the experience of becoming a new dad. Cheers!

Jason Howorko, BSP, BSc, ACPR, is Past President and External Liaison for the CSHP.