### Fully Weight-Based ("Before" Group) **HEPARIN - LOW TARGET PROTOCOL** 2019 (Page 1 of 2) \*All blanks must be filled in by prescriber\* Check boxes must be selected to be ordered ☐ Actual ☐ Estimate Date: Patient Weight: kg No IM injections; discontinue all previous heparin orders, including dalteparin, enoxaparin, nadroparin or tinzaparin Platelet count every three days while receiving heparin PTT Q6 to 8H until within therapeutic range (50 to 70 sec); then PTT daily in AM heparin 25,000 units in 500 mL IV fluid (50 units/mL); initiate therapy as below \*OR\* omit initial bolus dose (Column B) and commence infusion (Column C) as below \*OR\* Heparin LOW TARGET protocol omit initial heparin dose (Columns B & C) begin infusion at units/h and proceed to Maintenance Low Target Heparin Dose Adjustment Guide on following page **INITIAL HEPARIN DOSE** Column A Column B Column C **IV Infusion Rate** IV Direct Bolus Dose Patient Heparin 25,000 units in Weight Heparin 1000 units/mL 500 mL IV fluid (50 units/mL) 2400 units 500 units/h 26 to 35.9 kg (2.4 mL) (10 mL/h) 3200 units 700 units/h 36 to 45.9 kg (3.2 mL) (14 mL/h) 4000 units 900 units/h 46 to 55.9 kg (18 mL/h) (4 mL) 1100 units/h 4800 units 56 to 65.9 kg (4.8 mL) (22 mL/h) 5600 units 1250 units/h 66 to 75.9 kg (25 mL/h) (5.6 mL) 6400 units 1400 units/h 76 to 85.9 kg (6.4 mL) (28 mL/h) 7200 units 1600 units/h 86 to 95.9 kg (7.2 mL) (32 mL/h) 8000 units 1800 units/h 96 to 105.9 kg (36 mL/h) (8 mL) 8800 units 2000 units/h 106 to 115.9 kg (40 mL/h) (8.8 mL) See following page for maintenance dosing Printed Name Signature College ID Contact Number ALL NEW ORDERS MUST BE FLAGGED **FAX COMPLETED ORDERS TO PHARMACY** PLACE COPY IN MAR BINDER

Appendix to: Cameron T, Chua D, Shalansky S, Tam E, Wang E. Comparison of a fully weight-based protocol with a non-weightbased dosage titration protocol for IV unfractionated heparin: a before-and-after study. Can J Hosp Pharm. 2023;76(1):23-8.

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APPENDIX 1 (Part 2 of 2). Fully weight-based protocol for administration of unfractionated heparin, for patients with low target for activated partial thromboplastin time ("before" group). © 2019 Providence Health Care. Reproduced with permission.

#### Fully Weight-Based ("Before" Group) **HEPARIN** LOW TARGET PROTOCOL 2019 (Page 2 of 2) \*All blanks must be filled in by prescriber\* Check boxes must be selected to be ordered Date: Patient Weight: kg Actual Estimate No IM injections; discontinue all previous heparin orders, including dalteparin, enoxaparin, nadroparin or tinzaparin Platelet count every three days while receiving heparin PTT Q6 to 8H until within therapeutic range (50 to 70 sec); then PTT daily in AM Titrate heparin rate as per table below to achieve PTT of 50 to 70 sec **★OR**★ omit bolus(es) and adjust infusion rate only to achieve PTT of 50 to 70 seconds If PTT over 99 seconds for 2 consecutive measurements, contact prescriber Document rate changes as per the Parenteral Drug Therapy Manual If heparin infusion is interrupted for one hour or less, resume at previous rate; if interrupted for more than Heparin LOW TARGET protocol one hour, contact prescriber MAINTENANCE LOW TARGET HEPARIN DOSE ADJUSTMENT GUIDE IV Direct Bolus: Heparin 1000 units/mL IV Infusion: Heparin 25,000 units in 500 mL IV fluid (50 units/mL) PTT (seconds) Patient Dose Weight Change 39 sec and below 40 to 49 sec 50 to 70 sec 85 to 99 sec 71 to 84 sec 100 sec and above 1200 units (1.2 mL) Bolus 1200 units (1.2 mL) Stop for 60 min 26 to 35.9 kg ↑ by 2 mL/h ↑ by 1 mL/h ↓ by 3 mL/h Infusion: by 1 mL/h by 2 mL/h 1600 units (1.6) mL 1600 units (1.6 mL) Stop for 60 min Bolus none none 36 to 45.9 kg ↑ by 3 mL/h ↑ by 1 mL/h ↓ by 4 mL/h Infusion ↓ by 1 mL/h ↓ by 3 mL/h 2000 units (2 mL) 2000 units (2 mL) Stop for 60 min Bolus none none 46 to 55.9 kg ↑ by 3 mL/h ↑ by 2 mL/h ↓ by 2 mL/h ↓ by 4m L/h ↓ by 5 mL/h Infusion THERAPEUTIC RANGE Bolus 2400 units (2.4 mL) 2400 units (2.4 mL) Stop for 60 min none none 56 to 65.9 kg ↑ by 4 mL/h ↑ by 2 mL/h $\downarrow$ by 2 mL/h ↓ by 5 mL/h $\downarrow$ by 6 mL/h Infusion 2800 units (2.8 mL) 2800 units (2.8 mL) Stop for 60 min Bolus: none none 66 to 75.9 kg ↑ by 4 mL/h ↑ by 3 mL/h ↓ by 6 mL/h ↓ by 7 mL/h Infusion ↓ by 3 mL/h 3200 units (3.2 mL) Bolus 3200 units (3.2 mL) Stop for 60 min none none 76 to 85.9 kg ↑ by 5 mL/h ↑ by 3 mL/h $\downarrow$ by 7 mL/h Infusion by 3 mL/h by 6 mL/h Bolus 3600 units (3.6 mL) 3600 units (3.6 mL) Stop for 60 min none 86 to 95.9 kg Infusion ↑ by 5 mL/h ↑ by 4 mL/h ↓ by 4 mL/h ↓ by 7 mL/h ↓ by 8 mL/h 4000 units (4 mL) 4000 units (4 mL) Stop for 60 min Bolus none none 96 to 105.9 kg Infusion: ↑ by 6 mL/h ↑ by 4 mL/h ↓ by 4 mL/h ↓ by 8 mL/h ↓ by 9 mL/h Bolus 4400 units (4.4 mL) 4400 units (4.4 mL) Stop for 60 min none none 106 to 115.9 kg ↑ by 6 mL/h ↑ by 5 mL/h Infusion by 5 mL/h ↓ by 9 mL/h $\downarrow$ by 10 mL/h Signature ALL NEW ORDERS MUST BE FLAGGED FAX COMPLETED ORDERS TO PHARMACY PLACE ORIGINAL IN PATIENT'S CHART PLACE COPY IN MAR BINDER

APPENDIX 2 (Part 1 of 2). Fully weight-based protocol for administration of unfractionated heparin, for patients with standard target for activated partial thromboplastin time ("before" group). © 2019 Providence Health Care. Reproduced with permission.

## Fully Weight-Based ("Before" Group)

	2019 (Page 1 *All blanks must be fille Check boxes must be se	9 of 2) d in by prescriber≭						
Date:	e: kg							
	No IM injections; discontinue all previous heparin orders, including dalteparin, enoxaparin, nadroparin or tinzaparin							
	Platelet count every three days while receiving heparin							
	PTT Q6 to 8H until within therapeutic range (60 to 90 sec ); then PTT daily in AM							
	heparin 25,000 units in 500 mL IV fluid (50 units/mL); initiate therapy as below ★0R★							
	☐ omit initial bolus dose (Column B) and commence infusion (Column C) as below ★OR★							
	☐ omit initial heparin dose (Columns B & C) begin infusion at units/hr and proceed to Maintenance Standard Heparin Dose Adjustment Guide on following page							
		INITIAL HEPARIN	DOSE	15				
	Column A	Column B	Column C	là				
	Patient Weight	IV Direct Bolus Dose Heparin 1000 units/mL	IV Infusion Rate Heparin 25,000 units in 500 mL IV fluid (50 units/mL)	Heparin STANDARD protocol				
	26 to 35.9 kg	2400 units ( <b>2.4 mL</b> )	500 units/h ( <b>10 mL/h</b> )	A				
	36 to 45.9 kg	3200 units ( <b>3.2 mL</b> )	700 units/h ( <b>14 mL/h</b> )					
	46 to 55.9 kg	4000 units ( <b>4 mL</b> )	900 units/h ( <b>18 mL/h</b> )	A				
	56 to 65.9 kg	4800 units ( <b>4.8 mL</b> )	1100 units/h ( <b>22 mL/h</b> )	Ë				
	66 to 75.9 kg	5600 units ( <b>5.6 mL</b> )	1250 units/h ( <b>25 mL/h</b> )	, _				
	76 to 85.9 kg	6400 units ( <b>6.4 mL</b> )	1400 units/h (28 mL/h)	ari				
	86 to 95.9 kg	7200 units ( <b>7.2 mL</b> )	1600 units/h ( <b>32 mL/h</b> )	ep				
	96 to 105.9 kg	8000 units ( <b>8 mL</b> )	1800 units/h ( <b>36 mL/h</b> )	Ĭ				
	106 to 115.9 kg	8800 units ( <b>8.8 mL</b> )	2000 units/h ( <b>40 mL/h</b> )					
	See following page for maint	enance dosing						
Printed	Name	Signature	College ID Contact	ct Number				

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APPENDIX 2 (Part 2 of 2). Fully weight-based protocol for administration of unfractionated heparin, for patients with standard target for activated partial thromboplastin time ("before" group). © 2019 Providence Health Care. Reproduced with permission.

#### Fully Weight-Based ("Before" Group) **HEPARIN - STANDARD TARGET PROTOCOL** 2019 (Page 2 of 2) \*All blanks must be filled in by prescriber\* Check boxes must be selected to be ordered ☐ Actual □ Estimate Date: Patient Weight: No IM injections; discontinue all previous heparin orders, including dalteparin, enoxaparin, nadroparin or tinzaparin Platelet count every three days while receiving heparin PTT Q6 to 8H until within therapeutic range (60 to 90 sec); then PTT daily in AM Titrate heparin rate as per table below to achieve PTT of 60 to 90 sec **★OR**★ omit bolus(es) and adjust infusion rate only to achieve PTT of 60 to 90 sec If PTT over 109 seconds for 2 consecutive measurements, contact prescriber Document rate changes as per the Parenteral Drug Therapy Manual eparin STANDARD protocol If heparin infusion is interrupted for one hour or less, resume at previous rate; if interrupted for more than one hour, MAINTENANCE STANDARD HEPARIN DOSE ADJUSTMENT GUIDE IV Direct Bolus Heparin 1000 units/mL IV Infusion: Heparin 25,000 units in 500 mL IV fluid (50 units/mL) Patient Weight Change 49 sec and below 110 sec and above 50 to 59 sec 60 to 90 sec 91 to109 sec 1200 units (1.2 mL) Stop for 60 min Bolus: 2400 units (2.4 mL) none 26 to 35.9 kg $\downarrow$ by 1 mL/h Infusion: ↑ by 2 mL/h ↑ by 1 mL/h ↓ by 2 mL/h 3200 units (3.2) mL 1600 units (1.6 mL) Stop for 60 min Bolus: none 36 to 45 9 kg Infusion: ↑ by 3 mL/h ↑ by 1 mL/h by 1 mL/h ↓ by 3 mL/h Stop for 60 min 4000 units (4 mL) 2000 units (2 mL) Bolus: none 46 to 55.9 kg Infusion: ↑ by 4 mL/h ↑ by 2 mL/h ↓ by 2 mL/h ↓ by 4 mL/h THERAPEUTIC RANGE (NO CHANGE) Bolus: 4800 units (4.8 mL) 2400 units (2.4 mL) none Stop for 60 min 56 to 65.9 kg ↑ by 5 mL/h ↑ by 2 mL/h by 2 mL/h $\downarrow$ by 5 mL/h Infusion: 2800 units (2.8 mL) Stop for 60 min 5600 units (5.6 mL) Bolus: none 66 to 75.9 kg Infusion: ↑ by 6 mL/h ↑ by 3 mL/h $\downarrow$ by 3 mL/h $\downarrow$ by 6 mL/h Bolus: 6400 units (6.4 mL) 3200 units (3.2 mL) none Stop for 60 min 76 to 85.9 kg ↑ by 6 mL/h $\downarrow$ by 6 mL/h Infusion: ↑ by 3 mL/h by 3 mL/h Bolus: 7200 units (7.2 mL) 3600 units (3.6 mL) none Stop for 60 min 86 to 95.9 kg Infusion: ↑ by 7 mL/h ↑ by 4 mL/h ↓ by 4 mL/h $\downarrow$ by 7 mL/h 8000 units (8 mL) 4000 units (4 mL) Stop for 60 min Bolus: none 96 to 105.9 kg Infusion: ↓ by 4 mL/h $\downarrow$ by 8 mL/h ↑ by 8 mL/h ↑ by 4 mL/h 4400 units (4.4 mL) Stop for 60 min Bolus: 8800 units (8.8 mL) none 106 to 115.9 kg Infusion: ↑ by 9 mL/h ↑ by 5 mL/h $\downarrow$ by 5 mL/h $\downarrow$ by 9 mL/h Printed Name College ID Contact Number Signature ALL NEW ORDERS MUST BE FLAGGED **FAX COMPLETED ORDERS TO PHARMACY** PLACE COPY IN MAR BINDER PLACE ORIGINAL IN PATIENT'S CHART

	HEPARIN INFUSION LOW PTT TARGET ORDERS (Regional) (Items with check boxes must be selected to be ordered) Page 1 of 2							
	Indications include anticoagulation of patients who are at a higher risk of bleeding i.e. due to recent surgery, CICU or stroke patients who have received other anti-thrombotic or antiplatelet agents.  (no active DVT, PE, peripheral arterial thrombosis, or mechanical heart valves)							
	Patient Weight: kg  Actual  Estimate							
	LABORATORY:	Baseline PTT, INR and CBC with platelet count (contact prescriber if baseline PTT is elevated) CBC with platelet count every 2 days while on heparin						
	MEDICATIONS:		infusion, contact Acute Pain Service (APS)/Anes rin without their approval	thesiology STAT and				
		Discontinue prior heparin, low molecular weight heparin, rivaroxaban, dabigatran, apixaban,						
		fondaparinux, edoxaban orders  No IM injections while on heparin infusion						
		If possible, avoid non-steroidal anti-inflammatory drugs (NSAIDs)						
		Select initial heparin IV bolus, and heparin IV infusion						
		Patient weight	Initial Heparin IV Bolus 70 units/kg (max 8000 units) use heparin 10,000 units/10 mL VIAL Do Not Order Bolus if High Risk of Bleed	Heparin IV infusion starting rate use heparin 25,000 units/250 mL (100 units/mL) BAG				
		26 to 35.9 kg	2100 units (= 2.1 mL) bolus	400 units/h				
		36 to 45.9 kg	2800 units (= 2.8 mL) bolus	550 units/h				
		46 to 55.9 kg	3500 units (= 3.5 mL) bolus	700 units/h				
		56 to 65.9 kg	4200 units (= 4.2 mL) bolus	850 units/h				
		66 to 75.9 kg	4900 units (= 4.9 mL) bolus	1000 units/h				
		76 to 85.9 kg	5600 units (= 5.6 mL) bolus	☐ 1100 units/h				
		86 to 95.9 kg	☐ 6300 units (= 6.3 mL) bolus	☐ 1250 units/h				
		96 to 105.9 kg	7000 units (= 7 mL) bolus	☐ 1400 units/h				
		106 to 115.9 kg	7700 units (= 7.7 mL) bolus	☐ 1500 units/h				
		116 kg or greater	8000 units (= 8 mL) bolus	☐ 1600 units/h				

# Non-Weight-Based Dosage Titration ("After" Group) HEPARIN – LOW TARGET PROTOCOL

DATE ID TIME	HEFARIN		PTT TARGET ORDERS (Regional)  must be selected to be ordered)  Page 2 of 2
	Instructions: Rep	, .	ram: LOW PTT TARGET – goal range 50 to 70 seconds ill 2 consecutive PTTs are within therapeutic range, then
	PTT (sec)	Subsequent bolus	Rate Change
	Less than 45	heparin 5000 units	Increase rate by 150 units/hour (1.5 mL/hour) Repeat PTT in 6 hours★; Call MRP if 2 consecutive PTTs less than 45 seconds
	45 to 49	0	Increase rate by 100 units/hour (1 mL/hour) Repeat PTT in 6 hours≯
	50 to 70 (goal range)	0	no change Repeat PTT Q6H★ until 2 consecutive PTTs within therapeutic range, then monitor PTT once daily
	71 to 80	0	Decrease rate by 50 units/hour (0.5 mL/hour) Repeat PTT in 6 hours≭
	81 to 90	0	Stop infusion for 30 min, then restart infusion AND decrease rate by 100 units/hour (1 mL/hour) Repeat PTT in 6 hours*
	91 or greater	0	Stop infusion for 60 min, then restart infusion AND decrease rate by 200 units/hour (2 mL/hour)  Repeat PTT in 6 hours *  Call MRP if 2 consecutive PTTs greater than 90 seconds  For surgical patients, call MRP if any PTT greater
	<u> </u> *PTTs	can be drawn in 6 +/- 1 ho	than 90 seconds

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		HEPARIN INFUSION THERAPEUTIC PTT TARGET ORDERS (Items with check boxes must be selected to be ordered) Page 1 of 2					
ļ	Indications include treatment of deep vein thrombosis (DVT), pulmonary embolism (PE), peripheral arterial thrombosis and patients with mechanical heart valves.						
	Patient Weight:kg  Actual  Estimate						
	LABORATORY:	Baseline PTT, INR and CBC with platelet count (contact prescriber if baseline PTT is elevated) CBC with platelet count every 2 days while on heparin					
	MEDICATIONS:	If patient on epidural infusion, contact Acute Pain Service (APS)/ Anesthesiology STAT and do not start heparin without their approval					
			Discontinue prior heparin, low molecular weight heparin, rivaroxaban, dabigatran, apixaban, fondaparinux, edoxaban orders				
		No IM injections while on heparin infusion					
ļ		If possible, avoid non-steroidal anti-inflammatory drugs (NSAIDs)					
		Select initial heparin IV bolus, and heparin IV infusion					
		Patient weight	Initial Heparin IV Bolus 80 units/kg (max 10,000 units) use heparin 10,000 units/10 mL VIAL	Heparin IV infusion starting rate use heparin 25,000 units/250 mL (100 units/mL) BAG			
		26 to 35.9 kg	2400 units (= 2.4 mL) bolus	500 units/h			
		36 to 45.9 kg	3200 units (= 3.2 mL) bolus	700 units/h			
ļ		46 to 55.9 kg	4000 units (= 4 mL) bolus	900 units/h			
		56 to 65.9 kg	4800 units (= 4.8 mL) bolus	☐ 1100 units/h			
		66 to 75.9 kg	5600 units (= 5.6 mL) bolus	☐ 1250 units/h			
ļ		76 to 85.9 kg	6400 units (= 6.4 mL) bolus	☐ 1400 units/h			
ļ		86 to 95.9 kg	7200 units (= 7.2 mL) bolus	☐ 1600 units/h			
ļ		96 to 105.9 kg	8000 units (= 8 mL) bolus	☐ 1800 units/h			
ļ		106 to 115.9 kg	☐ 8800 units (= 8.8 mL) bolus	2000 units/h			
		116 to 124.9 kg	9600 units (= 9.6 mL) bolus	2200 units/h			
		125 kg or greater	☐ 10,000 units (= 10 mL) bolus	2200 units/h			

ME	HEPARIN INFUSION THERAPEUTIC PTT TARGET ORDERS (regional)  (Items with check boxes must be selected to be ordered)  Page 2 of 2  PTT-Adjusted Heparin Therapy Nomogram: THERAPEUTIC PTT TARGET  - goal range 60 to 90 seconds  Instructions:  Repeat PTT in 6 hours * until 2 consecutive PTTs are within therapeutic range, then monitor PTT once daily			
	PTT (seconds)	Subsequent bolus	Rate Change	
	Less than 50	heparin 5000 units IV bolus		
	50 to 59	0		
	60 to 90 (Goal range)	0	No change Repeat PTT Q6H★ until 2 consecutive PTTs within therapeutic range, then monitor PTT once daily	
	91 to 100	0	Decrease rate by 50 units/hour (0.5 mL/hour) Repeat PTT in 6 hours≭	
	101 to 110	0	Stop infusion for 30 min, then restart infusion AND decrease rate by 100 units/hour (1 mL/hour) Repeat PTT in 6 hours*	
	111 or greater	0	Stop infusion for 60 min, then restart infusion AND decrease rate by 200 units/hour (2 mL/hour) Repeat PTT in 6 hours* Call MRP if 2 consecutive PTTs greater than 110 sec For surgical patients, call MRP if any PTT greater than 110 sec	
	*PTTs can be drawn in 6 +/- 1 hours			